

October 2017 Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	SATURDAY
1 Nutri-Grain Bar, Yogurt, Fruit, Juice, Milk Mini Meatball Sub, Tossed Salad, Sliced Tomato, Ranch Fries, Fruit, Milk	2 Cheese omelet w/ Tomato Salsa, Graham Cracker, Fruit, Juice, Milk Chicken Crispito, Troritlla Chip Broccoli, Refried Beans, Fruit, Milk	3 Breakfast Pizza, Fruit, Juice, Milk White Chicken Chili, Cornbread, Red Pepper Slices, Cucumbers, Fruit, Milk	4 Sausage Biscuit, Fruit, Juice, Milk Pork Rib Sandwich, Sweet Potato Fries, Tossed salad, Sliced Tomato, Fruit, Milk	5 Biscuit w/ Sausage Gravy, Fruit, Juice, Milk Chicken & Noodles, Mashed Potatoes, Peas, WW Roll 7-12, Baby Carrots, Fruit, Milk	6	7
8 French Toast Sticks, Link Sausage, Fruit, Juice, Milk BBQ Chicken Drumstick, Baked Beans, Cole Slaw, Biscuit, Fruit, Milk	9 Western Omelet w/ WG Tortilla, Tomato Salsa, Fruit, Juice, Milk Hamburger on Bun, French Fries, Lettuce Salad, Fruit, Milk	10 Breakfast Pizza, Fruit, Juice, Milk Pepperoni Pizza, Celery Sticks, Baby Carrots, Lettuce Salad, Fruit, Milk	11 Scrumptious Coffee Cake, Yogurt, Fruit, Juice, Milk Chili Dog w/ Cheese, Sun Chips, Broccoli, Cauliflower, Fruit, Snickerdoodle, Milk	12 Biscuit w/ Sausage Gravy, Fruit, Juice, Milk Cowboy Cavatini, WW Roll 7-12, Corn, Lettuce Salad, Fruit, Milk	13	14
15 W G Cereal, Yogurt, Fruit, Juice, Milk Taco Soup, Tortilla Chips, Celery Sticks, Baby Carrots, Fruit, Milk	16 Bacon, Potato, and Cheese Omelet w/ Tomato Salsa, Graharm Cracker, Fruit, Juice, Milk Beef & Noodles, Mashed Potatoes, Green Beans, WW Roll, Fruit, Milk	17 Breakfast Pizza, Fruit, Juice, Milk Pulled Pork Sandwich, Ranch Fries, Corn, Cole Slaw, Fruit, Milk	18 NO SCHOOL	19 NO SCHOOL	20	21
22 Blueberry Muffin, Yogurt, Fruit, Juice, Milk Chicken Quesadilla, Refried Beans, salsa, Cucumbers, Tossed Salad, Fruit, Milk	23 Cheese Omelet w/ Oatmeal Squares, Salsa, Fruit, Juice, Milk Country Style Beef Pattie, Mashed Potatoes & Gravy, Peas, WW Roll, Fruit, Milk	24 Breakfast Pizza, Fruit, Juice, Milk Grilled Chicken Sandwich, Sweet Potatoes Fries, Red & Green Pepper Slices, Fruit, Milk	25 Cinnamon Roll, Yogurt, Fruit, Juice, Milk Vegetable Beef Soup, Crackers, Baby Carrots & Broccoli, Chocolate Chip Cookie, Milk	26 Biscuit w/ Sausage Gravy, Fruit, Juice, Milk Spaghetti w/ Meatballs, Garlic Bread Stick, Green Beans, Tossed Salad, Fruit, Milk	27	28
29 Star Spangled Pancakes, Yogurt, Stawberries, Blueberries, Sausage Patty, Juice, Milk Taco Burger on Bun, French Fries, Corn, Tossed Salad, Fruit, Milk	30 Western Omelet w/ WG Tortilla, Tomato Salsa, Fruit, Juice, Milk Road Kill w/ Tendons, Roli-Poli's Rabbit Greens, Eye Balls, Mud Cake, Cow Juice	31				