

# November 2018 Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	SATURDAY
				1 Nutri-Grain Bar, Yogurt, Juice, Fruit, Milk	2 Biscuit w/ Sausage Gravy, Fruit, Juice, Milk	3
				Chicken Wrap, Sun Chips, Toss Salad, Broccoli Florets, Fruit, Milk	Pepperoni Pizza, Lettuce Salad, Red Peppers & Baby Carrots, Fruit, Milk	
4	5 French Toast Sticks, Link Sausage, Fruit, Juice, Milk	6 Bacon, Potato, and Cheese Omelet w/ Tomato Salsa, Graharm Cracker, Fruit, Juice Milk	7 Breakfast Pizza, Fruit, Juice, Milk	8 Star Spangled Pancakes, Yogurt, Stawberries, Biueberries, Sausage Patty, Juice, Milk	9 Biscuit w/ Sausage Gravy, Fruit, Juice, Milk	10
	Corn Dog, Tater Tots, Green Beans, Fruit, Chocolate Chip Cookie, Milk	Beef & Noodles, Mashed Potatoes, Corn, WW Roll(9-12), Lettuce Salad, Fruit, Milk	Chili, Baby Carrots & Cucumbe Slices, Cinnamon Roll, Fruit, Milk	Pork Rib Sandwich, Sweet Potato Fries, Lettuce salad, Sliced Tomato, Fruit, Milk	Chicken Tetrazzini, Garlic Breadsticks, Peas, Salad, Fruit, Milk	
11	12 Scrumptous Coffee Cake, Yogurt, Fruit, Juice, Milk	13 Cheese Omelet, Oatmeal Square, Fruit, Juice, Milk	14 Breakfast Pizza, Fruit, Juice, Milk	15 Blueberry Muffin, Yogurt Fruit, Juice, Milk	16 Biscuit w/ Sausage Gravy, Fruit, Juice, Milk	17
	Grilled Chicken Sandwich, Sweet Potato Fries, Red & Green Pepper Slices, Fruit, Milk	Pulled Pork Sandwich, Ranch Fries, Peas, Cole Slaw, Fruit, Milk	Chicken Quesadilla, Refried Beans, salsa, Broccoli, Tossed Salad, Fruit, Milk	Turkey & Dressing, Mashed Potatoes w/Gravy, Green Bear Fruit, Pumpkin Bar, Milk	Hamburger on a bun, French Fries, Lettuce Salad, Sliced Tomato, Fruit, Milk	
18	19 Blueberry Muffin, Yogurt Fruit, Juice, Milk	20 Bacon, Potato, and Cheese Omelet w/ Tomato Salsa, Graharm Cracker, Fruit, Juice Milk	21 NO SCHOOL	22 No School	23 No School	24
	Country Steak, Mashed Potatoes & Gravy, Corn, Biscuit(9-12), Lettuce Salad, Fruit, Milk	Taco Soup, Fritos Chips, Lettuce Salad, Tomato Sasla, Fruit, Milk				
25	26 Pancake on a Stick, Fruit, Juice, Milk	27 Cheese Omelet, Oatmeal Square, Fruit, Juice, Milk	28 Breakfast Pizza, Fruit, Juice, Milk	29 Pancakes, Patty Sausage Fruit, Juice, Milk	30 Biscuit w/ Sausage Gravy, Fruit, Juice, Milk	
	Sloppy Joe, Hash Brown Patty, Green Beans, Fruit, Milk	Chili Dog w/ Cheese, Sun Chip Broccoli, Cauliflower, Fruit Snickerdoodle, Milk	Baked Chicken Drumstick, Mashed Potatoes w/ Gravy, Corn, WW Roll 9-12, Lettuce Salad, Fruit, Milk	Beef & Bean Burrito, Spanish Rice, Tomato Salsa, Refried Beans, Fruit, Milk	Mini Meatball Sub, Tossed Salad Sliced Tomato, Ranch Fries, Fruit, Milk	