

# November Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	SATURDAY
			1 Breakfast Pizza, Fruit, Juice, Milk  Corn Dog, Tarter Tots, Green Beans, Fruit, Chocolate Chip Cookie, Milk	2 French Toast Sticks, Link Sausage, Fruit, Juice, Milk  Chicken Wrap, Sun Chips, Toss Salad, Broccoli Florets, Fruit, Milk	3 Biscuit w/ Sausage Gravy, Fruit, Juice, Milk  Chili, Baby Carrots, Cinnamon Roll, Fruit, Milk	4
5	6 Blueberry Muffin, Yogurt Fruit, Juice, Milk  Baked Chicken Drumstick, Mashed Potatoes w/ Gravy, Corn, WW Roll 9-12, Lettuce Salad, Fruit, Milk	7 Bacon, Potato, and Cheese Omelet w/ Tomato Salsa, Graharm Cracker, Fruit, Juice Milk  Vegetable Beef Soup, WW Crackers, Broccoli and Cauliflower, Fruit, Cookie Milk	8 Breakfast Pizza, Fruit, Juice, Milk  Pork Rib Sandwich, Sweet Potato Fries, Lettuce salad, Sliced Tomato, Fruit, Milk	9 Scrumptous Coffee Cake, Yogurt, Fruit, Juice, Milk  Taco Salad, Tortilla Chips, Tomato Salsa, Refried Beans, Lettuce Salad, Fruit, Milk	10 Biscuit w/ Sausage Gravy, Fruit, Juice, Milk  Beef&Noodles, Mashed Potatoes, Green Beans, WW Roll 9-12, Cucumber Slices, Fruit, Milk	11
12	13 Sausage Biscuit, Fruit, Juice Milk  Sweet & Sour Chicken Chunks Seasoned Brown Rice, Toss Salad, Baby Carrots, Fruit, Milk	14 Cheese Omelet, Oatmeal Square, Fruit, Juice, Milk  Hamburger on a bun, French Fries, Lettuce Salad, Sliced Tomato, Fruit, Milk	15 Breakfast Pizza, Fruit, Juice, Milk  Beef & Bean Burrito, Tortilla Chips, Tomato Salsa, Corn Lettuce Salad, Fruit, Milk	16 Pancake on a Stick, Fruit, Juice, Milk  Trukey & Dressing, Mashed Potatoes w/Gravy, Green Bear Fruit, Pumpkin Bar, Milk	17 Biscuit w/ Sausage Gravy, Fruit, Juice, Milk  BBQ Pork Sandwich, Ranch Fries, Peas, Red Pepper Slices, Fruit, Milk	18
19	20 Nutri-Grain Bar, Yogrut, Juice, Fruit, Milk  Sloppy Joe, Hash Brown Patty Corn, Fruit, Milk	21 Weatern Omelet, WW Tortilla Fruit, Juice, Milk  Pepperoni Pizza, Lettuce Salad Carrots and Cucumber Slices, Fruit, Milk	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL	25
26	27 WG Cereal, Fruit, Juice, Milk  BBQ Chicken Drumsticks, Mashed Potatoes & Gravy, Green Beans, WW Roll, Fruit, Milk	28 Bacon, Potato, and Cheese Omelet w/ Tomato Salsa, Graharm Cracker, Fruit, Juice Milk  Taco Soup, Fritos Chips, Lettuce Salad, Tomato Sasla, Fruit, Milk	29 Breakfast Pizza, Fruit, Juice, Milk  Country Steak, Mashed Potatoes & Gravy, Corn, Biscuit, Lettuce Salad, Fruit, Milk	30 Cinnamon Roll, Yogurt, Fruit Juice, Milk  Grilled Chicken Sandwich, Sweet Potato Fries, Red & Green Peppers, Lettuce, Fruit, Milk		